



### 1<sup>st</sup> Southeast Asia Public Health Nutrition Leadership Programme (SEA-PHN LP) and 2<sup>nd</sup> Malaysia Nutrition Leadership Programme (MyNLP)

# **Technical Working Committee 2020**

### International Advisors (Chairman and Council Members of SEA-PHN Network



Dr Tee E Siong (NSM) (Nutrition Society of Malaysia)



Prof Dr Hardinsyah MS (Food and Nutrition Society of Indonesia)



Emeritus Prof Dr Mohd Ismail Noor (NSM) (Nutrition Society of Malaysia)



Dr Rodolfo Florentino (Nutrition Foundation of the Philippines Inc.)



Assoc Prof Dr Nalinee Chongviriyaphan (Nutrition Association of Thailand)



Prof Dr Le Thi Hop (Vietnam Nutrition Association)

# Local Technical Working Committee (Appointed by Nutrition Society of Malaysia)

Advisor
Chairperson
Vice-chairperson
Members

Dr Tee E Siong Assoc Prof Dr Mahenderan Appukutty Dr Wong Jyh Eiin Dr Roseline Yap Wai Kuan Ng Chee Kai Lim Siew Ling

# BIODATA

### **International Advisors**

Dr Tee E Siong (NSM) (Nutrition Society of Malaysia)



E-Siong Tee PhD, is President of the Nutrition Society of Malaysia (NSM). In this capacity, he has led the implementation of various community promotion programmes for over 20 years, which included the publication of various education booklets and press articles. He is also Chair of the National Steering Committee for Nutrition Month Malaysia since 2002. He represents NSM in several Technical Working Groups in the Ministry of Health Malaysia, including the National Coordinating Committee for Food and Nutrition (NCCFN) and the Technical Working Group for Nutritional Guidelines. He was Advisor to the Food Safety and Quality Division of the Ministry of Health Malaysia from 2002 till 2011, and is still a member of several sub-committees

related to food regulations and Codex Alimentarius. Dr Tee is nutrition consultant for TES NutriHealth Strategic Consultancy. He is also a member of the Board of Scientific Directors of the International Life Sciences Institute (ILSI) (Southeast Asia Region) and is Coordinator for ILSI Malaysia Country Committee.

He initiated the formation of the Southeast Asia Public Health Nutrition (SEA-PHN) Network and was elected the Founding Chairman in the inaugural meeting of the Network on 2 June 2014. Dr Tee was Head of the Cardiovascular, Diabetes and Nutrition Research Centre of the Institute for Medical Research (IMR) until his retirement in February 2002, after serving for 30 years.

#### Prof Dr Hardinsyah MS (Food and Nutrition Society of Indonesia)



Dr Hardinsyah MS is a Professor in Nutrition at Faculty of Human Ecology, IPB University, Indonesia. He is currently President of the Food and Nutrition Society of Indonesia (PERGIZI PANGAN Indonesia), Chairman of the Association of Nutrition Higher Education Institutions of Indonesia (AIPGI), Council member of South East Asia Public Nutrition (SEA-PHN), and Chairman of South East Asia Probiotics Scientific and Regulatory Experts Network (SEA PROBIOTICS SREN), and President, Federation of Asian Nutrition Societies (FANS), Global Advisory Board of Hydration for Health.

Previously, he was Head of the Nutrition Department at IPB University, the Dean of Faculty of Human Ecology, IPB University, and Rector of Sahid University Jakarta. He has Scopus index of 4 and h-index 16 and his publications can be seen in this link http:// scholar.google.com/citations?user=npvXhNsAAAAJ&hl=en

Graduated with BSc and MSc in nutrition from IPB University - Indonesia, he received his PhD in Nutrition from Medical School, University of Queensland Australia. He has received various awards, including the best participant of national young leadership training, the best participant of national training on dietetics competencies, the best participant of international training on community development, and Fellow of International Union of Nutritional Sciences (IUNS).

Emeritus Prof Dr Mohd Ismail Noor (NSM) (Nutrition Society of Malaysia)



Dr. Mohd Ismail Noor is an Emeritus Professor in Nutrition at the Faculty of Social Sciences and Leisure Management, Taylor's University. Previously, he has served Universiti Kebangsaan Malaysia for 35 years. His major research interest includes energy requirements, energy balance, obesity, nutritional status of selected population groups including sports nutrition. He was a member FAO/WHO/UNU Expert Consultation on Energy in Human Nutrition, FAO, Rome, 2001. He was the Council member, International Union of Nutritional Sciences IUNS (1997-2001), Secretary, Federation of Asian Nutrition Societies-FANS (1991-1993), President, FANS (1993-1995), Immediate Past-President,

Federation of Asian Nutrition Societies FANS (1995-1999), Executive Council FANS (2000-present).

He is the Chairman, TWG on Nutritional Guidelines, NCCFN (1994-present). He was President, Nutrition Society of Malaysia (1994-1996), Vice-President, Nutrition Society of Malaysia (1996—2020), President, Malaysian Association for the Study on Obesity (1996-2019). He was Chief Editor, Recommended Nutrient Intakes (RNI) for Malaysia (2005 & 2017) and Chief Editor, Malaysian Dietary Guidelines (2010, 2013). For his contributions in the field of Nutrition, he was awarded, Fellow, International Union of Nutritional Sciences, FIUNS (2005) Fellow, Academy of Sciences Malaysia, FASc (2006), Emeritus Professor in Nutrition UKM (2014) and Foreign Correspondent, Academy of Medicine, France (2017).

Dr Rodolfo Florentino (Nutrition Foundation of the Philippines Inc.)



Dr Rodolfo F. Florentino, MD, PhD, has been in the nutrition field since 1958, working mostly in nutrition research, nutrition policy and planning. At present he is a Council Member of the SEA PHN Network and currently a Scientific Advisor of the ILSI Southeast Asia Region. Until recently he was the Country Coordinator of the Philippine ILSI Committee and the Chairman-President of the Nutrition Foundation of the Philippines (NFP). He served the NFP as Chairman-President for eight years and as Member of the Board of Trustees for 25 years. From 1983 to 1997, he served as Director of the Food and Nutrition Research Institute (FNRI), and as such he directed and managed the nutrition

research program of the Institute in support of the Philippine Plan of Action for Nutrition.

He organised and managed the National Nutrition Surveys from 1983 to 1996, results of which served as the basis for the targets of the Philippine Plan of Action for Nutrition. During this time, he also served as the Chairman of the Technical Committee of the National Nutrition Council in support of the NNC Secretariat and NNC Governing Board, and a valuable contributor to key initiatives in the country's nutrition policies, strategies and plans.

Assoc Prof Dr Nalinee Chongviriyaphan (Nutrition Association of Thailand)



Assoc Prof Dr Nalinee Chongviriyaphan, MD, PhD, is currently the President of Nutrition Association of Thailand and the President of Pediatric Nutrition Association of Thailand, as well as the Head of Division of Nutrition, Department of Pediatrics, Faculty of Medicine Ramathibodi Hospital, Mahidol University. She got her MD and Dip. of Pediatrics from Faculty of Medicine Ramathibodi Hospital, Mahidol University. She also got her Dip. of Pediatric Nutrition from the Medical Council of Thailand. She received PhD in Nutrition from Tufts University Friedman School of Nutrition Science and Policy, Massachusetts, USA in 2002.

Her works and areas of research interest include nutrition and health in children, micronutrients, especially zinc and iron, in health and diseases, obesity, and antioxidants. She has also been involved in National health policy for infant and young child feeding including food marketing control and food legislation.

Prof Dr Le Thi Hop (Vietnam Nutrition Association)



Prof Le Thi Hop, MD, PhD, is currently the President of Vietnam Nutrition Association (VINUTAS), Vietnam and was formerly the Director of the National Institute of Nutrition, Vietnam. She received her MD at Tashkent Medical College and her MSc in Community Nutrition and PhD in Nutrition from SEAMEO - University of Indonesia, Jakarta. Prior to her position as Director, Prof Hop worked within the National Institute of Nutrition for a number of years in various roles, including Director of Food and Nutrition Training Centre and Head of Maternal and Child Nutrition.

Her areas of research interest include nutrition, growth and physical

development of children from birth to 17 years old; strategy/intervention to reduce stunting of the <5 children; nutritional status and anaemia in reproductive-aged and pregnant women; multi-micronutrient supplementation of young infants, and the effects of iron fortification of rice and fish sauce on anaemia in female workers. She was participated in developing of the National Nutrition Strategy 2011-2020, NPAN 2012-2020 and Food –Based Dietary Guidelines for Vietnamese people of the period 2001-2010 and 2013-2020.

Prof Hop is also currently the Vice-Chairperson of the Southeast-Asia Public Health Nutrition Network.

# BIODATA

### Local Technical Working Committee

### Chairperson: Associate Professor Dr Mahenderan Appukutty



Assoc Prof Dr Mahenderan Appukutty is the Assistant Hon Secretary of NSM and a Fellow of NSM. He works as a lecturer and formerly appointed as the Head, Centre of Postgraduate Studies at the Faculty of Sports Science & Recreation, Universiti Teknologi MARA, Shah Alam. Currently, he is on sabbatical leave at Jeffrey Cheah School of Medicine and Health Sciences, Monash University Malaysia. He also serves as Council Member of Malaysian Association for the Study of Obesity (MASO), Hon Treasurer for Malaysian Association of Sports Medicine (MASM). He also serves as Specialist Representative for Exercise Physiology/Sports Medicine for World Obesity (WO) formerly known as International Association for the Study of Obesity (IASO). His research interests and focus are on functional food, health and exercise science.

He has published scientific articles in local and international referred journals, newspaper and magazine. He also presented papers at international and local conferences and seminars in nutrition, health and exercise science. Dr Mahenderan currently serves as the Editorial Board Members for Malaysian Journal of Sports Science & Recreation, International Journal of Therapies and Rehabilitation Research and International Journal of Physical Education, Sports and Health. He collaborates with government (Ministry of Health, Ministry of Education and Ministry of Youth and Sports) and private agencies for many community nutrition promotion and research projects.

### Vice-chairperson: Dr Wong Jyh Eiin



Jyh Eiin Wong, PhD, is a life member and current council member of the Nutrition Society of Malaysia (NSM). She works as a senior lecturer and a postgraduate program coordinator of the Nutritional Sciences Program at the Faculty of Health Sciences, Universiti Kebangsaan Malaysia (UKM).

Dr Jyh Eiin's research interests include development and evaluation of dietary methods, body composition and physical activity assessment. She collaborates actively in local and international research, and has communicated her research findings in scientific journals and conferences. Dr Jyh Eiin also serves as a member of the Ministry of

Health of Malaysia Technical Working Group (TWG) on Malaysian Dietary Guidelines and Nutrition Research Priorities.

Dr Jyh Eiin believes in leadership grooming and started her leadership track with Toastmasters International in 2011 serving various meeting roles. She has previously participated in the IUNS Workshop in Capacity and Leadership Development and South East Asian Leadership Program. She was the Vice Chair of the first Malaysia Nutrition Leadership Program organized by NSM in 2017.

### Member: Dr Roseline Yap Wai Kuan



Roseline Yap PhD was previously a Senior Lecturer in the Food Science with Nutrition programme, School of Biosciences at Taylor's University, Malaysia till December 2019. She received her Bachelor of Science in Dietetics and Master of Science in Nutrition and Food Science from University of Kentucky, USA. She further obtained her PhD in Nutritional Science from University of Nagasaki, Japan. She started her career as an academic since 2005, teaching nutrition-related modules and supervising final year

projects for undergraduate students.

Dr. Yap's research interests are directed toward public health nutrition and nutritional epidemiology with the emphasis on dietary patterns, food consumption and lifestyle, and incorporation of nutrigenetics in diet-related chronic diseases. She has received various international academic honours and awards and has publications as conference proceedings, peer-reviewed papers in major nutrition-related journals and book chapters.

Besides being an academic, Roseline is also the Council Member of the Nutrition Society of Malaysia (NSM) since 2012 and currently serves as the Honourary Treasurer. Her passion is in the field of community nutrition therefore she serves as an expert committee in several NSM projects such as *Nutrition Month Malaysia, Positive Parenting and Maternal and Infant Care (Mi-CARE)* programme. She also served as the Technical Working Committee member and facilitator for the 1<sup>st</sup> MyNLP in 2017.

#### Member: Mr Ng Chee Kai



Chee Kai Ng works as a Nutrition Officer at the Selangor State Health Department. He received his first degree in Nutrition and Community Health from Universiti Putra Malaysia in year 2006. Mr Ng started his career as a Management Trainee with Guardian Pharmacy and was then promoted as an Executive In-charge cum Nutritionist. With his interest to help more needy community, he decided to quit retail industry and join Malaysia's public service in year 2008. Currently, Chee Kai is on temporary leave of service for his Master degree study at Universiti Kebangsaan Malaysia.

On top of his role as civil servant, Mr Ng also actively involved in non-governmental organisations. He is now serving as the State Superintendent (Operations) for St. John Ambulance Malaysia – State of Selangor and the Assistant Honourary Treasurer for Selangor Youth Council.

Mr Ng is a life member for Nutrition Society of Malaysia and he joined the 1<sup>st</sup> Malaysia Nutrition Leadership Programme (MyNLP) in year 2017.

#### Member: Ms Lim Siew Ling



Lim Siew Ling is now the Senior Manager of Public Relations and Science Department in Yakult (Malaysia) Sdn Bhd. She received her Bachelor of Science in Food Science and Technology from Universiti Putra Malaysia (UPM) in 2001.She started her career as Food Chemist in Australia Laboratory Services Technichem (M) Sdn Bhd, Shah Alam since 2001, focusing on food and drink testing. She later joined Yakult in 2005 and her current role is to oversee advertising and promotional activities as well as the regulatory and scientific affairs for the company.

She served as Yakult's represented contact person for Nutrition Society of Malaysia (NSM) and Malaysian Association for the Study of Obesity

(MASO). She joined the 1<sup>st</sup> Malaysia Nutrition Leadership Programme (MyNLP) in year 2017. She is actively involved in all Corporate Social Responsibility (CSR) programmes arranged by the company that mainly focus on community health and well-being. She believe continuous learning and exploring new challenges is the key to success because the only way to get what we want out of life is by stretching our self with knowledge and experience.