WEBINAR ON FOOD AND NUTRITION DURING COVID-19 PANDEMIC IN INDONESIA

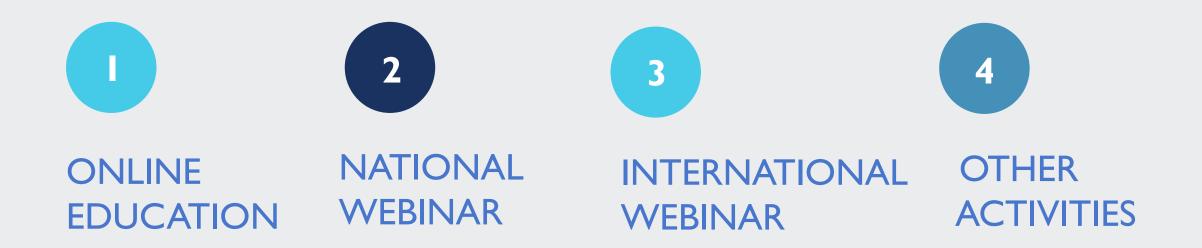
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December 2021

Nutrition and Food Experts Society of Indonesia Indonesia International Institute for Life Sciences (i3L)



TOPICS



Covid-19 pandemic has changed people's life dramatically.

- Scientific community has a new issue to explore adventurously.
- Education, research and information dissemination activities have their new forms.
- Technological advanced expedites the transformation leap.





TOPICS



ONLINE EDUCATION

NATIONAL NUTRITION CONSULTATION VIA ONLINE



- THEME: Pergizi Pangan Service for the Country
- Started since 9 April 2020 until 30 June 2020.
- Members provided nutrition consultation to the community using WA platforms.

ONLINE NUTRITION EDUCATION DURING RAMADHAN

Nutrition education 42 consecutive days from 19 April 2020 until 30 May 2020.



Received recognition from the Indonesian Records Museum as the "LONGEST ONLINE NUTRITION EDUCATION" on 4 June 2020.



TOPICS



NATIONAL WEBINAR

PERGIZI PANGAN WEBINAR SERIES

- THEME: Indonesia and Global Food and Nutrition Security: Innovation for Sustainable Development
- Started since 15 July 2020; every Wednesday at 14:00 – 16:00
 - In 2020: 25 episodes
 - In 2021: 50 episodes (to continue)
- Showcase of Indonesian landscape and folklores.



PERGIZI PANGAN WEBINAR SERIES Ketahanan Pangan dan Gizi Indonesia & Global : Inovasi untuk Pembangunan Berkelanjutan

Seri 75: Aspek Gizi dan Keunikan Kuliner Tradisional dari Berbagai Daerah

Narasumber I



E-SERTIFIKAT UNTUK 300 PESERTA HADIR DAN MENGISI FORMULIR

🛗 Rabu 15 Desember 2021 📎 14.00 - 16.00 WIB



Besti Verawati SGz MSi Ka. Pekanbaru Nutrition Center Universitas Pahlawan Tuanku Tambusai & Ketua YAMMI Riau Aspek Gizi dan Keunikan Kuliner Riau mbutan Pembukaan



Samoulai reindukaan Proderator Prof Dr Hardinsyah S Nurmasari Widyastuti Soz Departemen Gizi Masyarakat FEMA MSI Med P5 University & President Federation or Jasian Nutrilio Societia- FANS FK,Universitas Diponegoro & Ke



Narasumber II Rian Diana SP MSi Prodi Gizi, FKM, Universitas Airlangga & Ketua YAMMI Jawa Timur Aspek Gizi dan Keunikan Kuliner Jawa Timur



<mark>Narasumber III</mark> Dr Lousia A Langi MSi MA Pengurus DPD PERGIZI PANGAN DKI Jakarta

Aneka Jenis Herbal Lokal bagi Kesehata



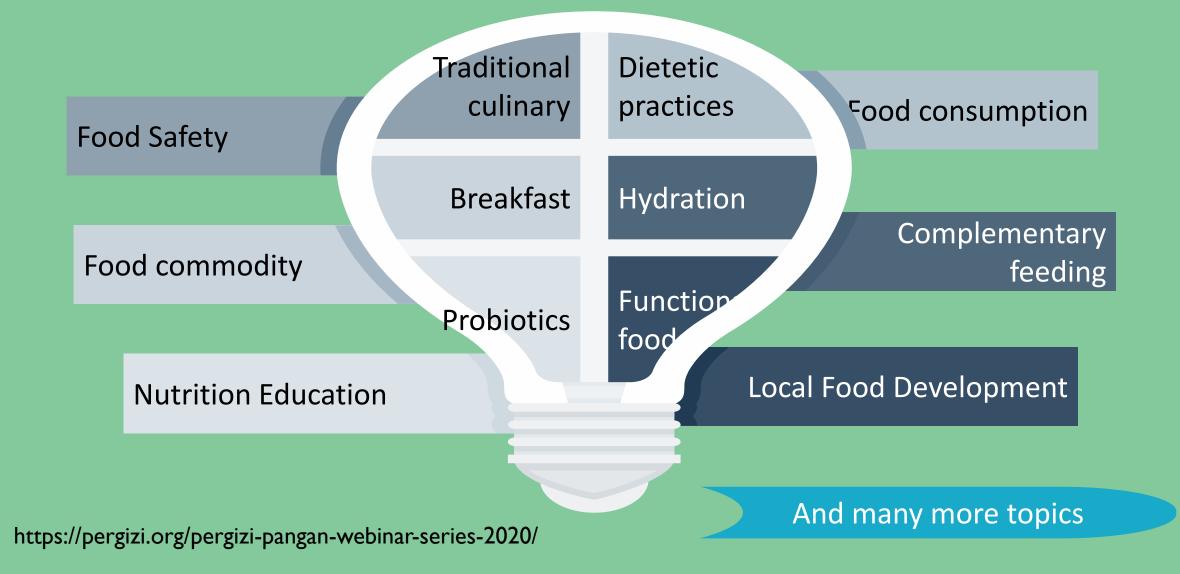


Dr Atik Kridawati MKes Dekan Sekolah Pascasarjana Universitas Respati Indonesia, an Pengurus PERGIZI PANGAN

Holif Fitriyah SGz MGz Nutritionist Ajinomoto



TOPICS COVERED – AN EXAMPLE



OTHER ACTIVITIES EMBEDDED INTO WEBINAR SERIES

- Launching "NUTRITION BALANCE SONG" by Pergizi Pangan Ambassador Ikke Nurjanah.
- Launching "NUTRTION BALANCE EXERCISE" with the Indonesia Sport Nutritionists Association.
- Launching "NUTRITIONAL STATUS CHECK Apps" by Pergizi Pangan.
- MoU signing with Family Planning and Population Office (BKKBN), Indonesia Nutrition Education Association (AIPGI) and Pergizi Pangan on ACCELERATION OF STUNTING REDUCTION IN INDONESIA.
- Song composing competition "SAFE FOOD, HEALTHY LIFE" with BKKBN, MoH, BPOM, MoA, and Pergizi Pangan.

CAPACITY BUILDING WITHIN THE WEBINAR SERIES



TOPICS

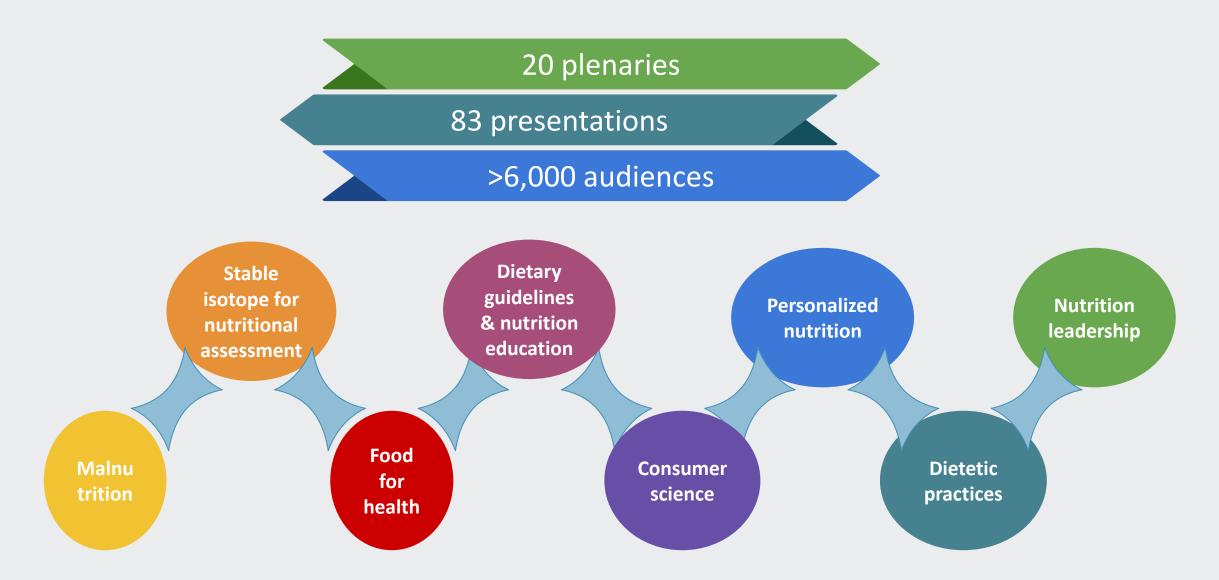


2ND ISFAN IN 2O20 (INTERNATIONAL SYMPOSIUM ON FOOD AND NUTRITION)

- THEME: Updates on Food, Nutrition and Probiotics Sciences: Implications for Better Programs and Product Development
- Duration: 7 August 18 December 2020
- Schedule: Every Friday at 14:00-16:00
- Showcase of beauty landscape and folklores in Asia.
- In collaboration with SEA PROBIOTICS SREN (Scientific and Regulatory Experts Network) and SEA-PHN.



TOPICS OF THE 2ND ISFAN



TOPICS



LEADERSHIP TRAINING





ACTIVITIES BY DOYOULEAD ALUMNI





WEBINARS BY OTHER INSTITUTIONS







2018-2024

TP2AX dutting
F TP2AX Stunting
www.stunting.go.id

Stunting











Stunting





FOOD SCIENCE AND NUTRITION WEBINAR SERIES by i3L

- **Objectives:** to share research experiences in the area of food science and nutrition at i3L.
- Speakers: faculties, alumni, students and external experts*.
- Target audience: university students, faculties and industries.
- Language: English
- Duration: @ 2 hours; once every month (August 2020 – Janury 2021)
- # of participants: 100-300 (about 50% of those who registered)

TOPICS:

- 1. You and Your Gut Microbiota
- 2. Updates on Sensory Evaluation
- Mapping and Assessment of Functional Foods* (with Kalbe Nutritionals)
- 4. Authentication and Optimization of Food Compounds* (with Waters)
- 5. Healthier Choice Symbol and Nutrition Label* (with ILSI SEA)
- 6. A Fresh Look at Fermented Foods* (with USSEC)

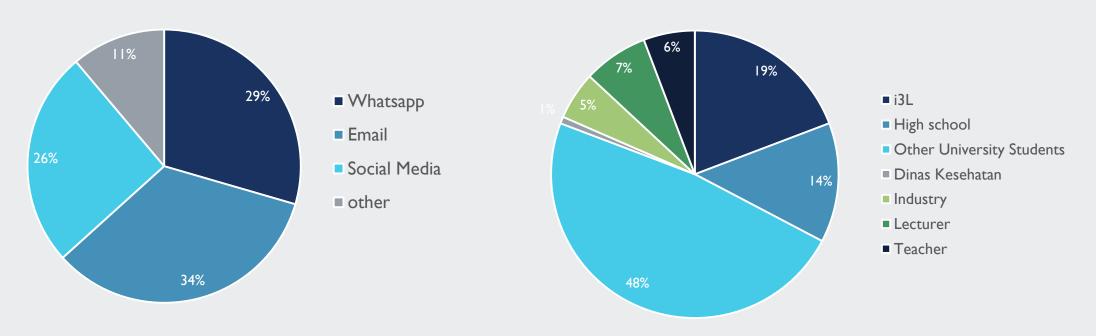
FOOD SCIENCE AND NUTRITION WEBINAR SERIES by i3L

Seri 4: Authentication and Optimization of Food Compounds

• Number of audience: 272 people out of 481 who registered

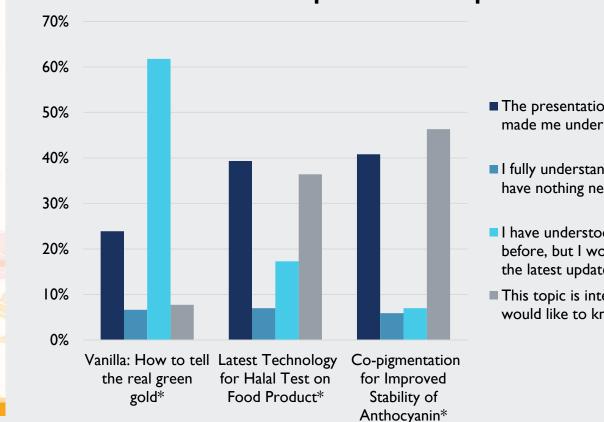


Type of Occupation



FOOD SCIENCE AND NUTRITION WEBINAR SERIES by i3L





Perception of the topic

- The presentation of this topic made me understand better
- I fully understand the topic and I have nothing new to learn
- I have understood the topic before, but I would like to get the latest updates on this topic
- This topic is interesting and I would like to know more

MINI SYMPOSIUM FROM AGRICULTURE, FOOD AND SOCIETY COURSE



ly/AFSMiniSymposium2021

Class assignment where the students were grouped to carry out a small survey and presented in a mini symposium.

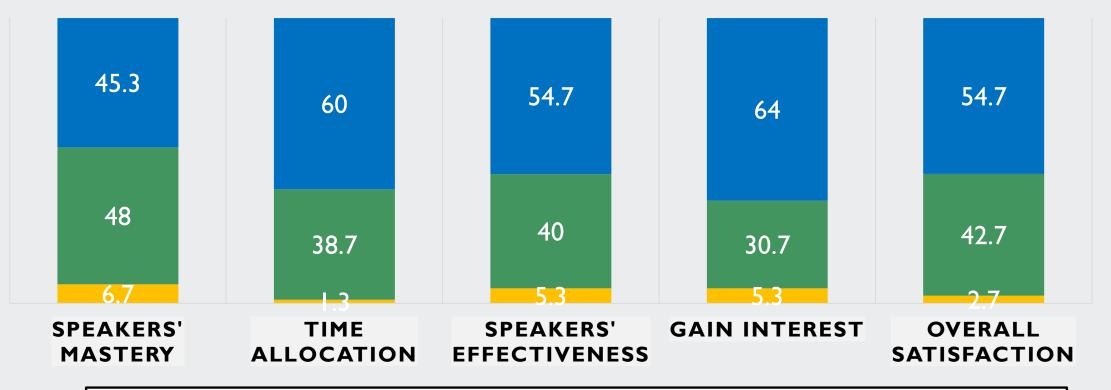
Each group shall present their survey in 10 minutes. The mini symposium is opened for public.

About 135 participants attended the symposium, but only 75 participants fill out the evaluation form.

Of these 75 participants, 53.3% were non-i3L students/lecturers.

MINI SYMPOSIUM FROM AGRICULTURE, FOOD AND SOCIETY COURSE

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All of the participants expressed that the program was very interesting and they are waiting for more interesting topics.



LESSONS LEARNED

WHAT ARE THE PROS AND CONS ABOUT WEBINAR?

- Reach more audience from wider areas and wider diversity.
- Greater collaboration distance and time differences are circumvented.
- Lower resources are needed.

Lower resources are needed.

• Technical problems – internet connection, other practicalities.

CONS

- Conflicting schedule of multiple webinars.
- High withdrawal from registered audience (between 30-50%).
- Cannot control audience distraction.

Cannot control audience distraction.

WHAT ARE THE KEY SUCCESS TO HOLD WEBINAR?

• Good program and speakers.

- Duration of webinar is not more than 3 hours.
 - Send multiple reminders.
- Provide quota for certificate or proof-of-attendance; or given only for those who fill out the evaluation survey.
 - Streamlined via YouTube to cater more audience.
- For information and educational purposes, some gimmick gifts may be helpful to attract audience.
 - Provide contact information for further engagement.

