

Southeast Asia Public Health Nutrition Leadership Programme (SEA-PHN LP) Workshop

- 26-27 October 2022
- Zoom Online Platform



Enhance your nutrition leadership competency!

Aspiring professionals in the field of food & nutrition are invited to submit application to be selected as part of this Nutrition Leadership Programme Workshop.

The National Plans of Action for Nutrition (NPANs) developed by governments are vital blueprint in guiding the nations on dealing with different nutritional issues and concerns of the population. It serves as a tool for action, an operational plan that sets out strategies; identifies projects and activities, with details of implementation; designates responsibilities and accountability for the activities; identifies resource requirements; and sets out the plan for monitoring and evaluation. It is vital that nutritionists are fully aware of these plans, particularly the NPAN of respective country, and determine how they can contribute to the identified programmes and activities. It is imperative that the NPANs developed must be effectively implemented, especially during this COVID-19 pandemic era, to ensure that the pandemic does not lead to malnutrition crisis, as well as to prevent non-communicable diseases that are risk factors for higher COVID-19 morbidity and mortality.

This 2 half days programme will provide platform for nutritionists to

- ▶ better understand NPAN within participants' country as well as those of countries in SEA
- ▶ learn to communicate effectively and share their opinions and experiences, especially in the area of NPANs
- ▶ hone the application of soft-skills and acquiring the requisite knack towards enhancing leadership competency among nutrition professionals
- ▶ establish professional and social networks with public health nutrition workers within country as well as countries in the region

Programme Highlights*

DAY 1

Presentation of country's NPAN approaches in addressing selected nutrition problems

Participants from each country to present a country report, to be prepared prior to the workshop, by participants from the same country. Relevant pre-read documents will be provided

DAY 2

Group discussion and presentation on implementation of nutrition interventions for different target groups during the COVID-19 pandemic

Participants from different countries are expected to meet and discuss during the workshop, prepare a report and share discussion outcomes on implementing nutrition intervention programmes for the assigned target group

**See Annex 1 for more details*

Nutritionists who fulfill the requirements are encouraged to apply:

- ✓ Active members of the member Society/Association of the SEA-PHN Network**
- ✓ Highly motivated and passionate nutritionists
- ✓ Aged 30 to 40 years old
- ✓ At least 3 years working experience in nutrition field (either in academia, government or private sectors)
- ✓ A post graduate degree would be an added advantage
- ✓ Proficiency in English is mandatory

APPLY NOW!

Exclusive for members of partner Societies/Associations** of SEA-PHN Network (no registration fee)

To apply, fill in the application form and send it together with relevant supporting documents to country-specific email address (admin@nfp.org.ph), as indicated in the application form for Philippines applicants. Country-specific application form can be downloaded at SEA-PHN Network website: <https://sea-phn.org/>

Important Dates

Application Opens on:

5 August 2022

Application Closes on:

5 September 2022

Notification of Acceptance:

16 September 2022

Confirmation of participation by applicants:

19 September 2022

Important Notes:

- Only 30 participants shall be accepted, 6 from each SEA-PHN Network member countries
- Priority shall be accorded to active members of the member Society/Association of the SEA-PHN Network**
- The suitable participants shall be selected by the member Society/Association of respective country based on the stipulate criteria and make nominations to the SEA-PHN Network Council

For enquiries, contact:

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SEA-PHN Network Secretariat

Email: secretariat@sea-phn.org

Organisers:



**Partner Societies/Associations:

Supported by Educational Grant from:



Tentative Programme

The 2-day (half days) workshop shall comprise two main components, namely (1) preparation and presentation of country report of national NPAN approaches on selected nutrition problems and (2) group discussions & presentations on specific nutrition problems identified in NPAN.

Country report preparation and presentation (Day 1)

Focus:
Sharing of NPAN approaches in SEA countries in addressing selected nutrition problems

Assignment:

- Participants from each of the member countries to jointly prepare a country report prior to the workshop. The country report includes comments on the strategies and programmes to combat selected nutritional problems identified in the National NPAN and compare these with those identified in NPAN of two (2) other SEA countries.
- Participants from each country shall consist of nutritionists from different sectors e.g. MOH, academia, industry and are expected to jointly prepare the country report. Group members are expected to arrange for meetings to discuss and prepare the report.
- The assignment will be given to the participants with pre-read documents prior to the workshop for report preparation.
- The reports from each country are to be presented in the main (plenary) room during Day 1 of the workshop.
- Report presentation format shall be PowerPoint slides consisting of about 10 slides, to be submitted to the Secretariat at least 2 weeks before the Workshop.

Discussions to be included in the report:

- Identify the strategies and programmes for specific nutritional problem from own country, e.g. NCDs by one country, iron-deficiency anaemia in another, stunting, and so on. The selected focus shall be informed and approved in advance by the SEA PHN Network council.
- Comments on the successes, shortcoming and challenges of the identified strategies and programmes for the selected nutritional problem and suggestions for improvement.
- Compare with the strategies and programmes for the same nutritional problem from NPAN of two other SEA countries.

Pre-read materials

- SEA-PHN Network's monograph of NPANs in Southeast Asian Countries; download from: https://sea-phn.org/wp-content/uploads/sea/pdf/National_Nutrition_Plans_Guidelines_SEA.pdf
- Review paper in Malaysian Journal of Nutrition – A review of NPANs in Southeast Asian countries; download from: <https://doi.org/10.31246/mjn-review-26-3>
- NPAN of respective country

Group discussion on specific topic (Day 2)

Focus:
Implementation of
nutrition interventions
for different target
groups during the
COVID-19 pandemic
(2020-2022)

Specific target groups:

- a. School children (primary and secondary)
- b. Infant and young children
- c. Maternal – pregnant and lactating women
- d. Adult and elderly
- e. Underprivileged population (e.g. low-income group, food insecure; aborigines/natives)

Assignment:

- Participants will be divided into groups of 6 participants in each group, comprising participants from the five (5) SEA countries.
- Each group will be assigned one of the topics above and discuss in separate breakout rooms during Day 2 of the workshop to prepare a report. Participants are expected to share their country experiences in implementing nutrition intervention programmes for the assigned target group.
- Each group will prepare a PowerPoint presentation on their assigned topics and present the report in the main (plenary) room. Facilitators will be assigned to each breakout room to assist in the discussions and preparation of report.

Discussion to be included in the report:

- Approaches used in carrying out nutrition intervention programme for the assigned target group
- Comments on suitability, challenges and learnings from the approaches used
- Suggestions for improvement of the approaches

DAY 1 (4 Hours)

| Time | Agenda |
|-------|--|
| 8:45 | Participants log in |
| 9:00 | Opening remarks by SEA-PHN Network Chairman |
| 9:10 | Introduction of organising committee members |
| 9:20 | Briefing of the workshop |
| 9:30 | Self-introduction of participants |
| 10:30 | Break |
| 10:40 | Presentation of country reports (10 minutes per country) • Indonesia • Malaysia • Philippines • Thailand • Vietnam |
| 11:40 | Forum discussion • Q&A for country report presentation • Comments on country reports including comments made on own national NPAN and those pertaining to other country NPANs • Recommend future action at national/SEA level |
| 12:40 | Group work discussion in preparation for Day 2 <i>Opportunity for group members to get to know each other better, identification of a lead person, rapporteur, and also discuss how to approach the assignment</i> |
| 13:00 | End of Day 1 |

DAY 2 (4 Hours)

| Time | Agenda |
|-------|---|
| 8:45 | Participants log in |
| 9:00 | Group discussion and report preparation |
| 10:30 | Break |
| 10:40 | Presentation of group work (10 minutes per group) • School children (primary and secondary) • Infant and young children • Maternal – pregnant and lactating women • Adult and elderly • Underprivileged population |
| 11:40 | Forum discussion • Q&A for group work presentation • Comments on suitability, challenges and learnings from the approaches used • Suggestions for improvement of the approaches • Learnings for future interventions |
| 12:40 | Closing remarks |
| 13:00 | End of workshop |

Times indicated are Kuala Lumpur time (GMT +8hrs)